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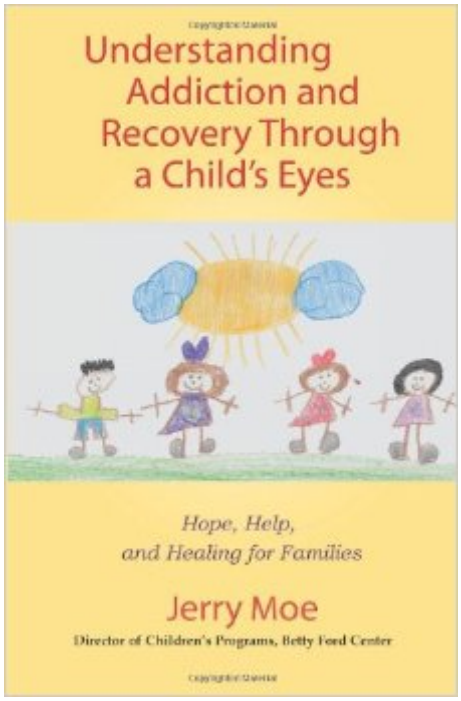
Understanding Addiction And Recovery Through A Child's Eyes: Hope, Help, And Healing For Families



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Synopsis

Hope and Healing for ChildrenHurt by Addiction in the Family 'I have spent my adult life in the company of children who have been my teachers. We got to know each other because someone in each child's life was addicted to alcohol or other drugs.For thirty years I have had a front-row seat in group watching, learning, and helping these youngest victims of addicted families, children who live with a legacy that can break hearts and destroy souls--one they certainly did not choose. They arrive carrying secrets, confusion, and pain. But almost all find their voice. These children can and do heal.'Understanding Addiction and Recovery Through a Child's Eyes shares the poignant and profound healing journeys of children who have found their voice and reclaimed their sense of self-worth. Each story reminds us that children have a unique way of viewing the world and shows how, with help, they can build upon strengths and deepen their resilience in spite of living in the shadow of addiction. In addition to the life-affirming stories, esteemed children's counselor Jerry Moe reveals how the healing process transcends the children and has a dramatic impact on the entire family system--especially their parents, giving them a new, deeper commitment to break the multigenerational legacy of addiction.

Book Information

Paperback: 256 pages
Publisher: HCI; 1 edition (November 1, 2007)
Language: English
ISBN-10: 075730611X
ISBN-13: 978-0757306112
Product Dimensions: 0.8 x 5.8 x 8.8 inches
Shipping Weight: 8 ounces (View shipping rates and policies)
Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (13 customer reviews)
Best Sellers Rank: #59,516 in Books (See Top 100 in Books) #25 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #75 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Drug Dependency #142 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism

Customer Reviews

I read the one star review and couldn't disagree more. This is an amazing book, with great insight into the lives of children who've been broken, devastated, and scarred by alcoholism/addiction. It appears that the one star reviewer was looking for a by-the-numbers, laying-hands-on kind of

instruction manual for his/her own children. There is no such thing when dealing with children who've learned not to trust, talk, or feel; there is no one size fits all book that can do this work.Jerry Moe is one of the most incredible people I've ever met. To be in his presence as he talks about "his kids" is something hard to capture in words. All of us listening, most of us battle hardened pilots and airline professionals, had tears in our eyes - as did he - while he talked about them. This book is Jerry's language in written form and I found myself wiping my eyes a number of times as I made my way through it.I defy you to buy the book, read it, and not feel it in your heart. For people who think kids are too young, too distracted, and too "anything" not to have been radically affected in an alcoholic/addicted home, this is a MUST READ book.Jerry works his magic with these kids who somehow instinctively sense that he loves them and cares about each and every one of them; that they can share their innermost hidden secrets because they trust him. Watch the individual journeys as they move from the demons within: incredible pain, fear, secrecy, defiance, and resistance, to freedom, and the discoveries that will affect them for the rest of their lives. Well done, Jerry....very, very well done!

I knew the author when he was in the bay area....I've heard from the children that were in his groups....He is real, honest and loving and the children see this and feel this...This book I use to educate my parents on the importance of educating their children around issues of addiction and the importance of letting go of secrets... It has been a great tool to educate incarcerated men and women on the effects of their disease on themselves and their children. They don't seem so much to care about themselves, but they do care about their children. This book has been a great motivator for parents to do something about their addiction.

A vital book for understanding the effects that addiction can have on the children, who are so often forgotton amongst the chaos of the disease. Heart touching stories paint a realistic view of what occurs in families who are plagued with alcohol and drug addiction. Easy to read. Highly recommended.

The book isn't so much about how to help a child or even see addiction through a child's eyes as the title implies. I would like to have read more clinical information and developmental information re: how a child grows through his experiences being raised by addicts.

Jerry Moe brings an incredible talent to the field of addictions. He has developed nationally

recognized programs for children of addictions at Sequoia Hospital Alcohol and Drug Recovery Program, Sierra Tucson, and the Betty Ford Center. In these three settings his clinical work has supported the recovery of countless numbers of young people. As a workshop leader/trainer his own inimitable style allows the audience to both cognitively and emotionally connect with the issues impacting children living with addiction. Jerry's dedication to the craft of writing allows his message to be spread in an ever-widening circle. The author of numerous books about children of addictions, Jerry continues his commitment to the written word."Understanding Addiction and Recovery Through a Child's Eyes" is Jerry Moe's latest book about children of addictions. It is a solid work that moves easily from the emotional stories of young children to the clinical implications of working with them. The reader is witness to the miracle of recovery for the child and sometimes for the adult. It is based on the belief that all members of a family system can and do recover from the generational disease of addiction.This book is helpful for both professionals and for family members with many suggestions and techniques for all. Most importantly, it is a testament to the resiliency and potential of our most precious resource...our children.

This is a great book that tells of the realities of how addiction hurts children, and how children help each other heal with honesty and courage. It also gives you the activities used.

I was very disappointed with this book. Instead of giving me some solid tips on dealing with the affects that alcoholism has played on my kids it was just more and more narrative of the author's experience running a group recovery program for children. If you are a new therapist just starting out and want some real world stories before you start working then maybe you'll get something out of it. On the plus side it give me a few insights into what might be going on in my child's head but not great examples of how to draw that out in a family scenario-just a full day intense group situation

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